ALCOHOL & MARIJUANA

Thinking of alcohol & marijuana as being different from other drugs has led a great many addicts to relapse. Marijuana is a potent drug, and alcohol is a mind-altering chemical in liquid form. Many people don't realize that these are no different from any other drugs in its ability to lead to addiction. One drink is never enough; just as one puff, hit, fix, pill or snort is never enough. We are masters at combining and substituting one drug for another to get high. Has getting drunk or loaded ever been the unintentional result of "just" one drink or "just" a beer? Have you ever experienced the consequences of impaired judgement or decision-making ability as a direct result of smoking "just" a little weed? Did one of anything ever lead to two or three or more of something harder or stronger? Many of us never felt that alcohol and /or marijuana were part of our problem. But upon honest examination and working the steps, we usually find a need to re-evaluate that notion.

"We're Here and We're Free"™
C.A. World Service Conference-Approved Literature
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